

## Pattern Practice

**Activity:** Practice making patterns with movements.

**Items Needed:**

Just You!

**Instructions:**

Parents/Caregivers: Clap your hands or stomp your feet once, pause and then stomp or clap twice quickly. Stop and see if your child can repeat the pattern back to you. Next have your child stomp or clap their own pattern for you to repeat. Challenge your child with different patterns.

## Rain Gauge

**Activity:** Make a rain gauge with your family. You will be able to add measurements and observe the weather outdoors.

### **Items needed:**

Empty bottle (any kind for example: water bottle, Gatorade, juice)

Permanent Marker

Tape Measure or Ruler

### **Instructions:**

Take an empty bottle (wash it out) and use a tape measure to mark at  $1/2$ " and 1" intervals. Add as many as you feel would be necessary. While you are marking the bottle discuss with your child the measurements, ask them to point out numbers that they recognize. Place the bottle somewhere outside to collect the rain. Check periodically to see how much rain you have collected. For more fun: make a chart of how much rain you get in your bottle, check and see what the weather will be online and make predictions.

## Kool Aid Play Dough

**Activity:** Make homemade play dough, this is the recipe we use at Eastside Educational Center.

### **Items Needed:**

Recipe for Kool Aid Play Dough

Salt

Flour

Kool Aid

Vegetable Oil

Alum (you can substitute Cream of Tartar or skip this item)

Table

Plastic Knife

Rolling Pin or recycled plastic bottle

Cookie Cutters or jar lids

### **Instructions:**

Make play dough (careful to not let the student near the hot water). When the play dough cools roll onto a hard surface and have fun. Make shapes, practice making snakes and balls. Use snakes to form letters. Pretend to make food or animals. Play dough is great for helping strengthen fingers and hands in small children. They need help getting stronger so that they can write easier.



# Homemade Kool-Aid Play Dough

<b>Prep Time</b>	5 minutes
<b>Cook Time</b>	5 minutes
<b>Total Time</b>	10 minutes
<b>Servings</b>	3 Cups Of Dough
<b>Author</b>	My Farmhouse Table

## Ingredients

- 2 cups Flour
- 1 cup Salt
- 3 tsp Alum
- 1 2/3 cup Water
- 2 pkg Kool-Aid
- 3 Tbsp Oil

## Instructions

1. In a large bowl, combine the flour, salt, and alum.
2. Bring water to boil in a small saucepan over medium heat. Once boiling, whisk in Kool-Aid packets.
3. Pour Kool-Aid water and oil into dry ingredients. Gently stir and then knead all of the ingredients, until dough comes together.
4. Let cool before storing in airtight container or resealable bag.
5. Note: Use rubber gloves to help stir together, since mixture will be very warm at first.
6. Note: This recipe can easily be cut in half to create two different play dough colors.
7. Note: Chose the kind of Kool-Aid that you want the play dough to look and smell like. Example: Purple play dough = grape Kool-Aid