Emotion Expression

Materials:

* Paper plates or tag board
* Markers or crayons
* Craft sticks or tag board
* Tape

Procedure:

Give your child a paper plate.

Help the child tape a stick to the plate as a handle.

Invite your child to use the markers/crayons to draw a happy face on one side and a sad face on another side. Encourage your child to be creative.

When he/she is finished with the faces, act out happy or sad situations and how to handle it. Explain that there is also body language that communicates how you feel.

Extensions:

Becky Bailey is a great resource for children and how to them handle their emotions.

State Standard:

30 AECa recognize and label basic emotions

Sleepy Caterpillar

“Let’s go to sleep,” the little caterpillar said.

(Bend ten fingers into palms)

As they tuck themselves into their beds.

They will awake by and by

(slowly unfold and hold up fingers)

And each one into a lovely butterfly!

(hands make flying motion)

Rhymes for Circle Time by TS Denston

State Standard

1BECa Use language for a variety of purpose

Ladybug Math

Materials:

* Construction paper or white paper
* Markers or crayons
* Scissors

Procedure:

On a piece of paper, draw a ladybug without the circles.

On index cards (or paper) number the cards one to ten (you can go to twenty depending upon where your child is at with number recognition).

Cut circles out of black construction paper, or draw circles on a white piece of paper and color them black.

Choose a number, and have your child place the corresponding dots on the ladybug.

Extension

Instead of using numbers on a paper, use dice to determine how many dots. If you use two dice, you can add the two dice together to make the activity more complex.

State Standard:

6AECd Connect numbers to quantities they represent using physical models and informal representations.

Spider Art

Materials:

* Paper
* Markers or crayons

Procedure:

Have your child place their left hand (fingers out and facing left) palm down on a piece of paper.

Place their right hand on top, fingers out, palms down, fingers at the right side.

Trace their hands to create a spider.

Count the number of legs on your spider.

Extensions:

Create a spider web to go with the spider.

Sing The Itsy Bitsy Spider.

State Standard:

6AECf Verbally recite numbers