

Cloud ABC'S

Activity: Practicing writing letters and pictures in shaving cream.

Items needed:

Shaving Cream

*Alternatives to shaving cream: cool whip, rice in a tray, 1 cup of baby oil and 2 cups of flour, whip dish liquid soap and water in blender until thick, finger paint.

Table/Tray

Paper to demonstrate letters

Activity:

After reading the book Little Cloud spray shaving cream or alternative onto a table or tray. First let your child experiment and draw. Ask what shapes, designs, why are they making these choices. Next challenge them to write their name or letters in the shaving cream. Make sure that you have them write letters that they are confident about producing, as well as more difficult letters. Demonstrate letters, all of our students can make the letter L, T, and X (they may not know the name but if you demonstrate then they can copy you). Uppercase letters are more appropriate for three-year-old students to write. Four-year-old should be able to write four letters, and five-year-old students should be able to write their name in uppercase letters.

Helicopter Flight

(Concept provided by babbledabbledo.com)

Activity: Make paper helicopters, take them outside and fly!

Items needed:

Template

Tape

Scissors

Paper clip

Instructions:

Follow the instructions on the template to make a helicopter. Use regular paper or card stock. Take your helicopters outside to throw them or drop them from the porch. Experiment with throwing the helicopters higher or faster. Try jumping, did that change how your helicopter flew?

The science behind this activity: Helicopters fly by generating lift. Lift is an upward pushing force that occurs when the blades of a helicopter rotate and a difference in air pressure is created on either side of the blades. Under the blades the air pressure is high and above the blades the air pressure is lower. This allows the helicopter to ascend into the air. Our paper helicopters don't generate lift or ascend, but the force of air upward on the blades as they fall is what causes our paper helicopters to spin. As the helicopter falls the air presses on each of the blades with an equal force but in the opposite direction and the helicopter spins around. (Falling with style!)

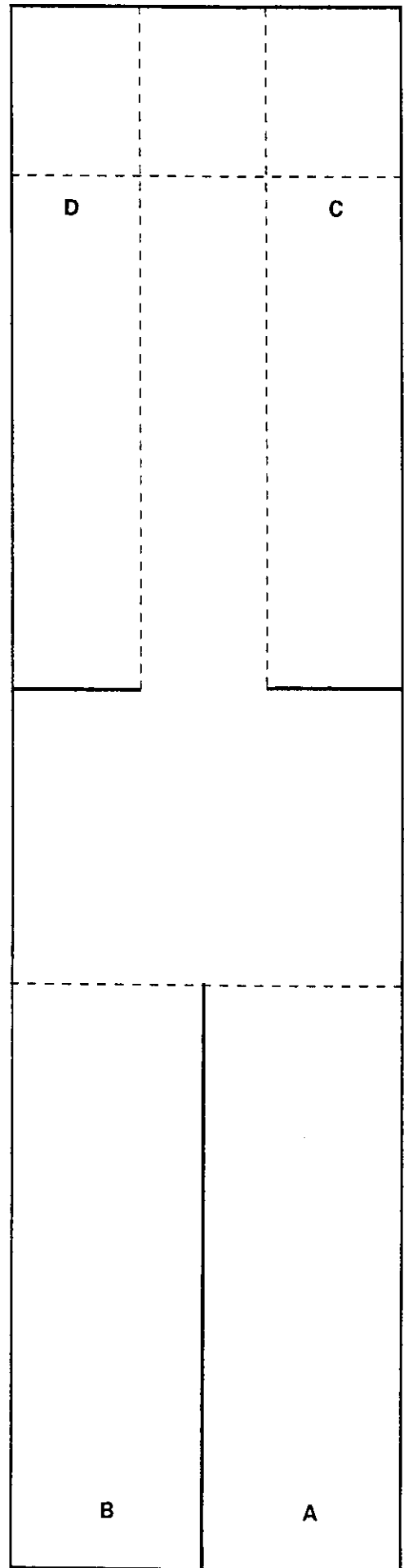
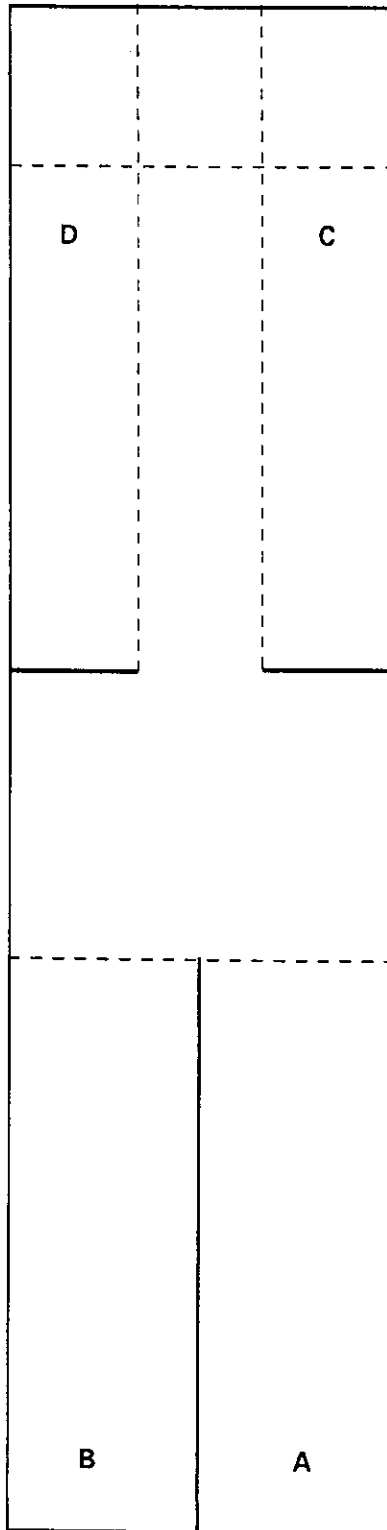
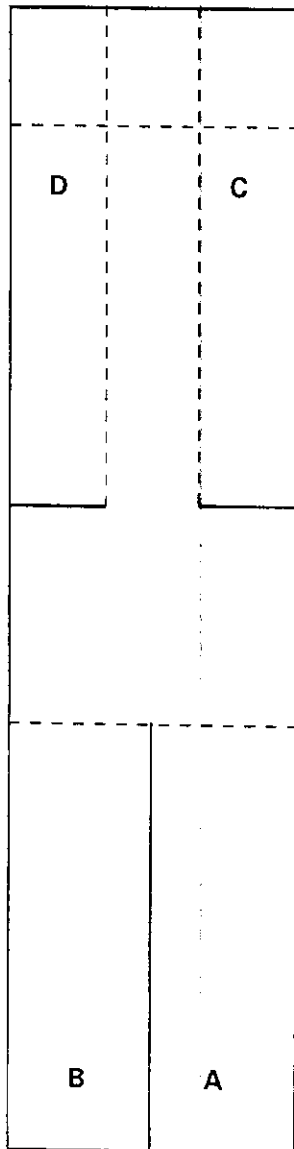
Paper Helicopter template

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Instructions

1. Cut out template. Cut solid lines only.
2. Fold section D and C along long dotted lines.
3. Fold Section A along dotted line towards you.
4. Fold Section B along dotted line away from you.
5. Fold bottom edge of section C/D towards you.
6. Tape folded end of C/D.
7. Add a paper clip to the taped end.

To launch your helicopter throw it up and away from you, similar to flying a paper airplane.



Book Look

Activity: Read/Listen to the book Are You Ready To Play Outside? By Mo Willems. Discuss how the characters felt.

Items needed:

Book (Find on YouTube or check our Facebook page to see an EEC Teacher read the book)

Instructions:

Listen to the book Are You Ready To Play Outside?. Talk about how Elephant and Piggy feel. Label the emotions, make faces to show how others can see how you feel. How would you feel if you had to change your plans? Do you think you would have reacted differently? Do you remember a time when you couldn't play outside because of the weather?

*You may want to compare how everyone is feeling about being asked to stay home. How do they feel about not attending Pre-K at EEC? What do they have to look forward to? What can they do to have fun now?